

## Supervision Guidance

- 1:1 Supervision

Requires that one staff be assigned exclusively to one person who receives services and that the staff is never more than one arm's length away from the individual, even when showering and toileting. Supervision at this level of intensity should be reserved for individuals who present an imminent health and safety risk to themselves or others and must not be used in place of effective behavioral supports. Staff who are assigned to provide this level of support shall not be responsible for supervising other consumers or attending to other tasks. 1:1 supervision duty should be rotated among staff if possible. Staff must be effectively engaging the person in meaningful activities, not just watching the consumer (unless behaviorally contraindicated).

This is an intrusive and restrictive level of supervision therefore the use of 1:1 must be reviewed and approved within 24 hours of implementation by The Human Rights Committee. Documentation of this review must be placed in the person's record.

- In the same room with direct continuous visual supervision

Requires pervasive, continuous, highly intense levels of support and supervision. For example, an individual may need special life support measures or personal care due to health reasons or because of problem behavior which threatens self or others, and needs intense, vigilant supervision. This level of support requires highly intense personal supervision and support at all times.

This is potentially an intrusive and restrictive level of supervision; therefore, the use of Level 1 must be reviewed and approved prior to implementation by The Human Rights Committee. Documentation of this review must be placed in the person's record.

- Within the same room OR nearby – outside of visual contact for periods of time that shall be specified by the team based on risks presented, trust gained and responsibility assumed by the person.

Requires extensive or continuous levels of support and supervision. For example, a person may attain beginning self-care skills, but may still require almost total personal care (e.g., for eating, dressing, or bathing) or, because of serious problem behavior, may need continuous supervision from someone within the same room or nearby.

- Intermittent/periodic – intervals and method shall be specified by the team according to risks presented, trust gained and responsibility assumed by the person.

Requires intermittent (e.g., irregular or infrequent interval) or periodic (recurs at regular intervals) support and supervision. For example, an individual may be able to manage most daily activities independently, but may sometimes need periodic (often less than daily) advice, support, assistance, or supervision.

- Seldom/none

Individuals require infrequent or no support. For example, an individual may possess the ability (or potential ability limited by age) to live and work independently with occasional advice or assistance from others.